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YACON

CONDICION: Diabetes, Reumatismo

ESPECIE: *Smallanthus sonchifolius*

UBICACIÓN: Costa, Sierra y Selva alta del Perú y otros países SudAmericanos

DESCRIPCIÓN: Herbácea de hasta 2mts de altura. Tallo fofo con manchas purpúreas;; flores terminales en cabezuela pequeña, amarillas a anaranjadas;; raíces tuberosas grandes, alargadas, con pupa dulce

USOS TRADICIONALES: Diabetes, Reumatismo – Artritis

ESTUDIOS MODERNOS: Diabetes, Anti oxidante, Prevención de Arterioesclerosis, Protector celular, Anti-cáncer cervical

FUENTES

Diccionario Enciclopédico de Plantas Útiles del Perú – Antonio Brack Egg - PNUD – Centro de Estudios Regionales Andinos – Bartolomé de las Casas

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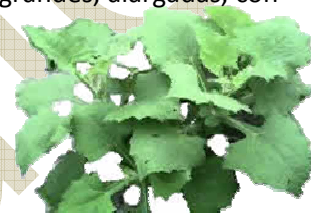
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