

## NutriHealers

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### ROSACEALITE F2

CONDICIONES: Rosácea, Infecciones de la piel, Dermatitis

ESPECIES *Desmodium molliculum*, *Phyllanthus niruri*, *Plantago major*

UBICACIÓN En la costa, sierra y selva del Perú

#### DESCRIPCION

*Desmodium molliculum*: Hierba silvestre de tipo rastrera que crece entre las piedras en campo abierto, tiene hojas pequeñas redondeadas de color verde, algo rugosas, con flores moradas y lilas muy pequeñas, crece entre los 1500 y 3500 m.s.n.m.

*Phyllanthus niruri*: Herbácea de unos 60cms de alto. Anual, hojas alternas, pálidas con apariencia compuesta; floración pequeña en la base de las hojas

*Plantago major*: Herbácea, pequeña de hasta 40 cms de altura, hojas ovaladas lanceoladas, verde claro, floración en espigas, flores muy pequeñas, verde amarillento blanquecino, semillas pequeñas redondeadas.



#### USOS TRADICIONALES DE LOS INGREDIENTES

*Desmodium molliculum*: Depurativa, Diurética, Protector del hígado

*Phyllanthus niruri*: Depurativa, Inflamación de la piel, Bactericida, Contra litiasis renal, Diurética, Protectora hepática

*Plantago major*: Anti inflamatorio, Anti infeccioso de la piel, Astringente, Dermatitis, Antiséptico dérmico, Contra los abscesos

#### ESTUDIOS MODERNOS DE LOS INGREDIENTES

*Desmodium molliculum*: Depurativa, Anti Inflamatoria, Anti alérgica, Protectora del hígado, Anti microbiana

*Phyllanthus niruri*: Anti bacteriana, Estrés oxidativo, Protectora celular, Anti tumoral, Anti inflamatoria, Analgésica, Protectora hepática, Anti viral, Anti colesterol

*Plantago major*: Anti inflamatorio, Hepatoprotector, Potencia el sistema inmunológico, Anti bacterial

## FUENTES

### *Desmodium molliculum*:

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Departments of Pharmacology and Toxicology, Yüzüncü Yil University, 65300 Van-Turkey.

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