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CHANCA PIEDRA

CONDICIONES DE SALUD LITIASIS O CALCULOS RENALES, VESICULARES, HEPATITIS B, HIGADO INFLAMADO, SISTEMA INMUNE DEPRIMIDO, ICTERICIA, CISTITIS, INFECCIONES POR ESTAFILOCOCOS, DIABETES

ESPECIE *Phyllanthus niruri*

UBICACIÓN La Chanca Piedra se encuentra en el Perú. Es silvestre y habita desde el nivel del mar hasta los 3,000 metros de altitud, tanto en la costa como en la sierra y en la selva.

DESCRIPCION Es una herbácea que crece hasta unos 60 centímetros de alto. Es anual, tiene hojas lisas, pálidas en el envés. Están distribuidas de manera alterna, y dispuestas de tal manera en las ramas, que parecen hojas compuestas. Las flores son pequeñas, salen de la base de las hojas. La planta tiene látex.

USOS TRADICIONALES

- Piedras o cálculos en los riñones y en la vesícula
- Diurética
- Cistitis
- Ictericia
- Inflamación del hígado
- Diabetes



ESTUDIOS MODERNOS

- Cálculos
- Reduce el ácido úrico
- Inmuno modulador
- Antioxidante
- Protector hepático
- Hepatitis B
- Reduce el colesterol LDL
- Diabetes
- Mejora la memoria
- Antiinflamatorio

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