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ALCACHOFA

CONDICIONES DE SALUD Función hepática deteriorada, hígado graso, Hipercolesterolemia – colesterol elevado-, Artritis, Degeneración de células testiculares por cadmio, Diabetes, Gastralgia, Cáncer de piel, Galactosemia, Hongos, Cáncer de hígado, Endotelio deteriorado - Aterosclerosis, Leucemia L1210 y HL60, Artritis, Galactosemia, Dispepsia, Colon irritable, Creatina elevada, Estrés oxidativo, Diabetes, Espasmos gastrointestinales.

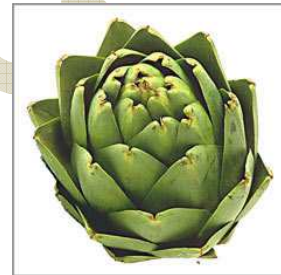
ESPECIE Cynara scolymus

UBICACIÓN La Alcachofa se cultiva en la sierra y en la selva alta del Perú, es originaria de Europa.

DESCRIPCION Herbácea perenne, rizoma de forma cilíndrica. Hojas grandes, caulinares, enteras o divididas. Flores en cabezuela, azules a moradas. Las inflorescencia inmadura se utiliza como alimento.

USOS TRADICIONALES

- Reducir de peso
- Bajar el colesterol
- Para males hepáticos
- Combatir la diabetes
- Depurativo hepático



ESTUDIOS MODERNOS

- Protege el hígado
- Antioxidante
- Antigenotóxico
- Síndrome de intestino iritado
- Contra Leucemia L1210 y HL60
- Cáncer de hígado
- Anti lipídémico – reduce el colesterol
- Protege los riñones contra el exceso de creatina
- Protege el endotelio
- Artritis
- Hipoglicémico
- Problemas gastrointestinales
- Efecto prebiótico
- Digestivo
- Contra la aterosclerosis
- Dispepsia
- Hiperlipoproteinemia
- Contra precursor de Cáncer de piel
- Contra infecciones de hongos – anti micotico
- Anti espasmódico,

FUENTES

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